



InclusionNB

INDEPENDENT FACILITATION

WHAT IS INDEPENDENT FACILITATION?

Independent Facilitation is a person-centered approach to planning where the person is at the forefront of their choices and future. Independent Facilitation is a way for adults with disabilities, aged 19-64, to get information and navigate requirements for disability support services, and anything else they require to live a full and valued life. Inclusion NB has Independent Facilitators who assist individuals to:

- Develop a vision for their future.
- Identify their needs for disability-related supports, as well as possible options for meeting those needs.
- Apply for government or community programs or services, such as the Disability Support Program.
- Make informed choices based on all options available in their community.
- Become more connected to their community and grow their social circle.

WHO IS THIS PROGRAM DESIGNED FOR?

Individuals who are interested in planning with an Independent Facilitator are required to meet the following:

- 19–64 years of age.
- A resident of New Brunswick
- Require disability-related supports to enhance their independence, including personal care and strengthen their community involvement and participation.



Just Enough Support

Inclusion NB's Independent Facilitators plan with people using the Just Enough Support model, which recognizes the importance of seeking the right balance of natural supports (like friends & family) in addition to accessing different types of technology, utilizing community-based services and using paid support to fill in the gaps.

The purpose of this approach is to build bridges and help the person expand their social relationships, personal autonomy and greater independence.



InclusionNB

984 Prospect St, Fredericton NB, E3B 2T8



506.453.4400



506.453.4422



866.622.2548



info@inclusionnb.ca