



Inclusion NB is a non-profit organization that provides comprehensive support for New Brunswickers with an intellectual or developmental disability and their families.

We support individuals and families at every age and every stage.



InclusionNB

Creating Opportunities • Créer des possibilités

Our team meets people where they are in their journey to develop plans using the **Just Enough Support model**. This recognizes the importance of seeking the right balance of natural supports, like friends and family, and accessing different types of technology and community-based services to enhance independence. The purpose of this approach is to build bridges and help the person expand their social relationships, personal autonomy, and **achieve greater independence**.

Inclusion NB is committed to building inclusive communities where everyone feels valued, supported, and empowered.



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New Brunswick



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Empowering Individuals and Families Across New Brunswick



InclusionNB

Family Support Program

This program equips families with the knowledge, tools, and training needed to advocate effectively.

Age: Birth onwards

We focus on strengthening communities by connecting families and building a network of family leaders.

Services include hosting workshops, personalized support, assistance in navigating complex social systems, and providing relevant resources.



Inclusive Education

Age: Pre-school, K-12, Post-Secondary

We collaborate with early learning centres, public schools, and post-secondary schools to ensure seamless transitions and a positive learning experience for children and youth with an intellectual or developmental disability. Our goal is to promote inclusive education – all children learning together – by providing necessary supports within the education system. An important aspect of this is helping empower families to work effectively with their neighbourhood school and advocate for their children's success.



Preparing for Life After High School

Transition to Adult Life Program

Age: Grade 10

We assist students in Grades 10-12 in creating action plans for living an inclusive adult life in the community of their choice after graduation. We work closely with students, families, and the community to identify strengths and aspirations, ensuring meaningful community engagement after high school.

Transition to Work Program

Age: Grade 10

We support students entering Grade 10 to plan for life after high school, focusing on employment and/or post-secondary education. Activities include exploring job opportunities, developing job readiness skills, participating in co-op work experiences, and exploring post-secondary options with appropriate supports.



Life in Community

Social Inclusion Program

Age: 17+

We support youth and adults to be connected to their community in meaningful ways. This can include becoming involved in recreation, leisure, and volunteer opportunities that match their interests and developing strong personal support networks. We also support individuals to plan for a home of their choice and to access the supports they need to live independently.

Support During Post-Secondary

Age: 18-30

We assist students who are accepted to post-secondary schools in New Brunswick. We help identify necessary supports, assist with funding applications, monitor progress, coordinate work placements, and help secure employment opportunities in their field of study after graduation.

Employment Counselling Services in Miramichi and Bathurst

Age: 18+

Our Employment Readiness initiatives involve working with individuals, families, schools, employers, and employment service agencies to develop the skills and knowledge necessary for securing and retaining employment.

An Independent Adult Life

Age: 19-64

This program uses a person-centered approach to planning where the individual is at the forefront of their choices and future. We support adults to identify goals for community life and to apply for New Brunswick's Disability Support Program.

