



**InclusionNB**  
Creating Opportunities • Créer des possibilités

Emma Russell of Miramichi.

## Employment Assistance Services

**Inclusion NB** provides support to New Brunswickers with an intellectual or developmental disability to identify and secure employment opportunities in the Miramichi area. We empower adults aged 18+ to discover their ideal career paths, secure employment in their chosen fields, and achieve greater independence.

### How Inclusion NB Supports Job Seekers:

- Developing personal employment goals
- Resume writing and preparing for interviews
- Supporting both the employee and employer throughout the training period
- Ongoing job support and focus on sharpening the skills essential for long-term workplace success

### Just Enough Support

Our team members and job seekers plan together using the Just Enough Support model. This recognizes the importance of seeking the right balance of natural supports, like friends and family, and accessing different types of technology and community-based services to enhance independence. The purpose of this approach is to build bridges and help the individual expand their network as well as to develop their personal autonomy.

# Your Commitment

To ensure the greatest success, we ask participants to commit to the following:

- ✓ **I WANT TO WORK.** This means that you want to find work and are ready and willing to work.
- ✓ **TAKE INITIATIVE.** This means that you will actively try to find work, with any necessary support.
- ✓ **COMMUNICATE.** This means that when you are contacted to schedule a meeting or to ask you a question, you will respond as soon as possible.
- ✓ **ATTEND MEETINGS.** This means that you will attend regular meetings and will let us know in advance if you need to reschedule.
- ✓ **HAVE AN EMPLOYMENT ACTION PLAN.** This means that you are ready to work together to determine your employment goals and your next steps to find work.
- ✓ **HAVE A POSITIVE ATTITUDE.** This means that you are a good team player.



**Does this sound like you?**

**Please reach out to our team:**

**Chelsea Savoie**  
Employment Counsellor

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